



## What To Expect With A Provisional Restoration

During today's appointment you had one or more teeth prepared for a crown, onlay or inlay restoration. This type of restoration requires two appointments. During this first visit any old filling material, crown or onlay was removed. If the tooth had a cavity the decayed tooth material was also removed and a clean, fresh surface created onto which we will cement your new crown or onlay. The new shape and position of your tooth was captured in an impression and a provisional crown or onlay was fabricated out of a temporary provisional material (a plastic-like material). You will have this provisional restoration in place for the next 3-6 weeks while a dental laboratory fabricates your new crown or onlay.

The provisional restoration serves several purposes:

1. It covers and protects your tooth from food and saliva.
2. It helps minimize or eliminate sensitivity.
3. It keeps the tooth in the same position as when the impression is taken.

It is important that the provisional stay in place until we are ready to place the new final crown or onlay. To help ensure this we ask you to try following these precautions:

1. Brush your teeth as normal.
2. Floss down from the top of the provisional tooth to the gum, but slide the floss out the cheek side. DO NOT bring the floss back up toward the top of the tooth.
3. Avoid sticky foods such as gum, caramels and other candies.
4. Avoid hard foods that can break the provisional like nuts, popcorn kernels or hard candy and ice cubes.

If your temporary comes out:

1. Dry it and try to replace it over the tooth.
2. Place a small amount of Elmer's School Glue on the provisional and replace over your tooth.
3. Call the office at 623-939-4777 and let us know what happened.